

- Hold the door open for someone.
- Leave happy notes around town.
- Say hello to everyone you see.
- Play with someone new.
- Feed birds at the park.
- Compliment someone.
- Pay for the person behind you.
- Cook a meal for a friend.
- Babysit for free.
- Put somones shopping cart away.
- Leave a treat for the mailman.
- Smile at everybody. It's contagious.

www.mrsjosephwood.com