

5 TIPS TO SUCCESSFULLY IMPLEMENT

New Daily Habits



SeekDoTeach LLC

**IMPLEMENT A FEW
CHANGES
AT A TIME.**

**SIMPLIFY YOUR
GOALS.**

**KEEP YOUR
GOALS BEFORE
YOU.**

**TRACK YOUR
PROGRESS.**

**KEEP
GROWING!**

DAILY HABIT TRACKER

Try not to become a person of success but rather a person of value. - Albert Einstein

TODAY IS __/__/____

2 NEW CHANGES

SIMPLIFY

PROGRESS

3 POSITIVES FROM TODAY

- 1.
- 2.
- 3.

NOTES
